



NUTS PYHÄ 2026

SUPPORTER'S GUIDE

Cheering is allowed – and highly encouraged!

In trail running, cheering is an important part of the event atmosphere. Encouragement along the course can give runners exactly the extra boost they need on a long journey. A smile, applause, cheering shout, or even a sign along the route can make a runner's day much better.

Supporting and Assisting Runners



The race is semi-supported, and runners must be self-sufficient between aid stations.



Support from family, friends or crew is only allowed at the official aid stations

- Latvavaara
- Huttuloma
- Karhunjuomalampi



At the aid stations, runners can refill their fluids and enjoy the snacks provided. Runners are welcome to take snacks with for the next section of the trail. Additional nutrition and supplies from your own support crew may only be received at official aid stations.

Results & Live Tracking



Follow the event and track runners live on the event website and NUTS social media channels.

NonStop Shuttle bussi

Naava Visitor Centre ↔ Hotel Pyhätunturi Event Village



Friday, 7 August: from 17:00–22:00
Saturday, 8 August: from 07:30–18:00

How Do I Get to the Aid Stations?

Latvavaara

Parking: Latvavaara Parking Area
Park at the designated parking area and walk approximately 3 km to the aid station.

Huttuloma

Location: Huttujärventie 203, FI-98530 Pelkosenniemi
Park at the parking area before the gate and continue on foot. The walk from the gate to the aid station is approximately 500 m.

Karhunjuomalampi

Park at the Hotel Pyhätunturi main parking area or the lower parking area.
From the parking area, it is approximately a 5 km walk to the Karhunjuomalampi aid station.

Please Note

The event aid stations are located within Pyhä-Luosto National Park, where access by car is limited. Please be prepared to walk or cycle several kilometres to reach the aid stations.



No littering in the event centre or on the trails. This includes biodegradable waste and banana peels. Littering may result in a time penalty or disqualification.



If a runner gets injured or has to withdraw from the race, please inform the organisers.



Event emergency service +358 40 6605 281